

Disability Documentation Guidelines

To support your request for academic accommodations, please provide documentation verifying one or more of the following disabilities:

- Learning Disability
- Autism Spectrum Disorder
- ADHD
- Mental Health Disability
- Medical Disability

Acceptable Forms of Documentation (please submit all that apply):

- Psychological Evaluation
- Educational Evaluation
- IEP (Individualized Education Plan)
- 504 Plan (If this document does not specify a diagnosis, please supplement with additional documentation)

If you do have any of the above documentation and are currently receiving treatment for your disability from a qualified professional (e.g., Physician, Psychologist, Psychiatrist, or other Licensed Mental Health Professional), please ask them to complete the New Paltz Disability Verification Document.

- [Disability Verification Form](#)

If you are having difficulties locating your documentation or reaching your high school guidance office, please submit any documentation you currently have. While we can still schedule an intake meeting without documentation, providing documentation is strongly encouraged to help us support you effectively. If we are unable to determine the appropriateness of your requested accommodation, we may ask for supplemental documentation.

How to Submit Your Documentation:

1. To submit your documentation, scan documents as .PDF attachments and email them to the Disability Resource Center at drc@newpaltz.edu.
2. **Be sure to indicate the following in the subject line:** documentation, semester requesting accommodations for, and include your full name.

For example – Subject: Documentation, Fall 2025, Taylor Smith.

If you have any questions, email drc@newpaltz.edu or call the office at (845) 257-3020